

# NOTICE

## DRIFT

Lie face up on the ground

Look up to the sky

Select a cloud

Watch the cloud drift across the sky

Watch the cloud drift out of sight

This may be difficult as the mind has a tendency to drift

A drifting mind is good for the mind

A drifting mind arrives at places it has never been before

Being a drifter is good

But...

*High Plains Drifter* is bad